



COURSE OUTLINE: EST115 - INTRO SPA PRACTICUM

Prepared: Roya Ghassemkani

Approved: Karen Hudson, Dean, Community Services and Interdisciplinary Studies

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| Course Code: Title | EST115: INTRO TO SPA/PRACTICUM |
| Program Number: Name | 2017: ESTHETICIAN |
| Department: | ESTHETICIAN |
| Academic Year: | 2024-2025 |
| Course Description: | This course will introduce students to the Spa at Sault College as a placement experience. Students will gain knowledge and develop practical skills with infection control practices as directed by the Algoma Public Health. Students will also have the opportunity to provide esthetic services for the clients of the Spa, and develop client care and retail and marketing strategies. Students will also be introduced to ethical standards of the esthetic industry and the various roles and responsibilities in operating a successful Spa business. Students will be required to meet the expectations as outlined in the Spa at Sault College Policies and Procedures in regards to professional image and professionalism. |
| Total Credits: | 3 |
| Hours/Week: | 3 |
| Total Hours: | 42 |
| Prerequisites: | There are no pre-requisites for this course. |
| Corequisites: | There are no co-requisites for this course. |
| This course is a pre-requisite for: | EST166 |
| Vocational Learning Outcomes (VLO's) addressed in this course: | 2017 - ESTHETICIAN |
| Please refer to program web page for a complete listing of program outcomes where applicable. | VLO 1 Perform a variety of specialized body and skin care treatments following correct procedures and precautions and supporting client needs (including and not limited to facials, manicures, pedicures, hair removal, and make up applications). |
| | VLO 2 Use a range of specialized equipment and products, in compliance with established national, provincial, industry, and other related standards, regulations, policies, and procedures. |
| | VLO 3 Apply relevant knowledge of anatomy, physiology, and histology to the provision of specialized esthetic treatments and services. |
| | VLO 4 Adhere to health, safety, sanitation, and infection and prevention control guidelines, according to current legislation and national, provincial, municipal, and industry standards and regulations. |
| | VLO 5 Identify business skills and activities required for the successful establishment and operation of a small esthetic business in a salon or spa environment. |
| | VLO 6 Select and recommend the use of esthetic products and product ingredients to clients, taking into account health status and identified needs. |
| | VLO 7 Establish and maintain professional relationships in adherence to standards and |



| | ethics associated with the profession. | | | | |
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| | VLO 8 Develop customer service strategies that meet and adapt to individual needs and expectations in accordance with professional standards and ethics. | | | | |
| | VLO 9 Determine professional development strategies that lead to the enhancement of work performance and career opportunities and keep pace with industry change. | | | | |
| Essential Employability Skills (EES) addressed in this course: | <p>EES 3 Execute mathematical operations accurately.</p> <p>EES 4 Apply a systematic approach to solve problems.</p> <p>EES 5 Use a variety of thinking skills to anticipate and solve problems.</p> <p>EES 6 Locate, select, organize, and document information using appropriate technology and information systems.</p> <p>EES 9 Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.</p> <p>EES 11 Take responsibility for ones own actions, decisions, and consequences.</p> | | | | |
| Course Evaluation: | <p>Satisfactory/Unsatisfactory & A minimum program GPA of 2.0 or higher where program specific standards exist is required for graduation.</p> | | | | |
| Other Course Evaluation & Assessment Requirements: | <ol style="list-style-type: none"> 1. 80% satisfactory evaluations of weekly observation/feedback 2. Complete a minimum of X hours 3. Successful demonstration of all the learning outcomes of the course 4. Successful completion of the Infection Control Training. | | | | |
| Course Outcomes and Learning Objectives: | <table border="1"> <thead> <tr> <th>Course Outcome 1</th> <th>Learning Objectives for Course Outcome 1</th> </tr> </thead> <tbody> <tr> <td>1. Apply practical skills in all areas of esthetics in order to provide a professional treatment for both men and women.</td> <td> 1.1 Perform and customize hand and foot treatments and complete all steps for an entire professional manicure and pedicure for both men and women. 1.2 Discuss homecare maintenance for hand and foot care. 1.3 Use a variety of waxes and hair removal techniques including hard and soft wax, and tweezing for the safe removal of excess facial and body hair for both men and women. 1.4 Explain pre and post homecare with clients having any hair removal treatment. 1.5 Apply makeup for a variety of occasions including day, evening, bridal, and for clients of all age ranges from preteen to mature. 1.6 Customize skin treatments for both men and women taking into consideration skin types and skin conditions, information recorded on the health screen, identified needs and contraindications to products and equipment. 1.7 Knowledge of NatureMed professional skincare line and promote features and benefits of esthetic products and services to clients when assisting them in determining a course of action matched with their needs, lifestyle and personal preferences. 1.8 Explain the importance of a homecare maintenance schedule which suits their skin type and any conditions present. 1.9 Integrate professional facial equipment, manicure and </td> </tr> </tbody> </table> | Course Outcome 1 | Learning Objectives for Course Outcome 1 | 1. Apply practical skills in all areas of esthetics in order to provide a professional treatment for both men and women. | 1.1 Perform and customize hand and foot treatments and complete all steps for an entire professional manicure and pedicure for both men and women. 1.2 Discuss homecare maintenance for hand and foot care. 1.3 Use a variety of waxes and hair removal techniques including hard and soft wax, and tweezing for the safe removal of excess facial and body hair for both men and women. 1.4 Explain pre and post homecare with clients having any hair removal treatment. 1.5 Apply makeup for a variety of occasions including day, evening, bridal, and for clients of all age ranges from preteen to mature. 1.6 Customize skin treatments for both men and women taking into consideration skin types and skin conditions, information recorded on the health screen, identified needs and contraindications to products and equipment. 1.7 Knowledge of NatureMed professional skincare line and promote features and benefits of esthetic products and services to clients when assisting them in determining a course of action matched with their needs, lifestyle and personal preferences. 1.8 Explain the importance of a homecare maintenance schedule which suits their skin type and any conditions present. 1.9 Integrate professional facial equipment, manicure and |
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| | | <p>pedicure instruments, makeup supplies and equipment and hair removal instruments and equipment safely and appropriately while noting any contraindications noted on the health screen, client preferences and needs.</p> <p>1.10 Demonstrate effective time management skills in areas of preparedness and set up, in order to provide a professional treatment.</p> <p>1.11 Conduct an in depth health screen prior to all services and record the observations to determine service expectations, customized treatments, modifications and contraindications.</p> <p>1.12 Maintain all workstations and work surfaces sanitized and free of garbage so to not cross contaminate and to display.</p> <p>1.13 Clean and either disinfect or sterilize tools after each use, keep work stations and work surfaces sanitized, and safely dispose of single use and sharps items in accordance with Algoma Public Health.</p> <p>1.14 Contribute to the maintenance of client files by accurately recording information and by ensuring that all information on health screens are up to date.</p> <p>1.15 Answer telephones, book and confirm appointments.</p> <p>1.16 Handle cash transactions when retailing products and services.</p> <p>1.17 Apply the principles of teamwork with peers, staff and faculty in order to meet common goals and to project a positive work ethic.</p> <p>1.18 Greet clients upon arrival and departure.</p> <p>1.19 Display an upbeat and enthusiastic attitude.</p> |
| | Course Outcome 2 | Learning Objectives for Course Outcome 2 |
| | <p>2. Demonstrate the professional image and conduct necessary for success in the esthetic industry.</p> | <p>2.1 Comply with the Policies and Procedures of the Esthetician's Diploma Program regarding attendance, physical appearance, personal hygiene and dress code.</p> <p>2.2 Demonstrate punctual attendance.</p> <p>2.3 Demonstrate accountability for absences.</p> <p>2.4 Demonstrate accountability for your own academic and professional growth.</p> <p>2.5 Demonstrate effective interpersonal, verbal and non-verbal communication skills with clients, peers and faculty.</p> <p>2.6 Employ all ethical standards which uphold the integrity of the Esthetic profession.</p> <p>2.7 Comply with the terms outlined in the Confidentiality Agreement,</p> |
| | Course Outcome 3 | Learning Objectives for Course Outcome 3 |
| | <p>3. Develop and integrate customer service strategies that meet and adapt to individual needs and expectations in accordance with Provincial accessibility standards and the ethics of the esthetic industry.</p> | <p>3.1 Apply strategies for excellent customer service.</p> <p>3.2 Integrate accessibility strategies for clients with special needs.</p> <p>3.3 Recommend products and services which meet the needs and expectations of the client.</p> <p>3.4 Use effective verbal and non-verbal communication skills when dealing with clients and including customer complaints in a professional setting.</p> |



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| | <p>3.5 Practice the principles of retailing when promoting products and services.</p> <p>3.6 Demonstrate and reflect the ethical standards of esthetic industry.</p> |
| Course Outcome 4 | Learning Objectives for Course Outcome 4 |
| <p>4. Adhere to health, safety, sanitation, infection and prevention control guidelines, according to the industry standards in compliance with Algoma Public Health regulations.</p> | <p>4.1 Maintain and store all equipment, instruments and materials according to regulations required by Algoma Public Health and the Esthetician Diploma Program.</p> <p>4.2 Use safe and effective cleaning methods with disinfection or sterilization procedures before and after nail services in accordance with Algoma Public Health regulations</p> <p>4.3 Clean and disinfect or sterilize tools after each use, keep workstations clean and safely dispose of non-reusable items, in accordance with proper hygiene procedures as required by Algoma Public Health.</p> <p>4.4 Use gloves, a mask or other suitable personal protective equipment appropriately during the provision of treatments to ensure safety of the client, yourself and others</p> <p>4.5 Handle hazardous materials and dispose of waste and chemical materials in compliance with Algoma Public Health regulations.</p> <p>4.6 Use electrical equipment safely and appropriately.</p> <p>4.7 Use the spa instruments in a safe, correct and professional manner, considering client health history needs.</p> <p>4.8 Correctly operate and determine maintenance requirements for equipment in compliance with the occupational health and safety legislation regulations and infection prevention and control guidelines</p> <p>4.9 Maintain and store all equipment, instruments, materials and supplies according to manufacturer's guidelines and as required by Algoma Public Health regulations.</p> |

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| Date: | June 28, 2024 |
| Addendum: | Please refer to the course outline addendum on the Learning Management System for further information. |